



HOW TO KEEP A CLEAN HOME



EVERY DAY

- * wipe down the countertops
- * wipe down the kitchen sink
- * sweep the floors
- * take out the trash



ONCE A WEEK

- * wipe down appliances
- * scrub the toilets, tubs, showers and sinks
- * clean the mirrors
- * dust furniture and shelving
- * change the bed linens
- * do the laundry
- * vacuum carpets, rugs and upholstery
- * mop the floors



ONCE A MONTH

- * clean inside the microwave and oven
- * clean the kitchen and bathroom cabinets
- * wipe down the inside of the medicine cabinets
- * scrub the tile grout
- * wipe down doorknobs, switch plates and lamps
- * vacuum the baseboards and heating/cooling vents
- * disinfect the garbage cans



ONCE A SEASON

- * clean and check the pantry for expired items
- * air out rooms and drapes
- * clean throw pillows and blankets
- * sort through closets to clean/donate/repair items
- * clean and check the fridge for expired items
- * wash comforters and duvets
- * wash the windows
- * clean the fireplace